Instructions for patients admitted to the inpatient department of the SRCOD

Radiotherapy № 1 (24-hour inpatient care) – 6th floor

1. **Date of the CT marking** (arrive at the Radiotherapy № 1 at 10:00): data_____

2. **Date of hospitalization**:_____

Time of admission for treatment: **11:00**

Patient's full name:_____

Diagnosis:_____

List of documents required for hospitalization:

1. Identity documents

2. Complete blood count (valid for 10 days)

3. Biochemical blood test: creatinine, urea, total protein, glucose, ALT, AST, bilirubin (valid for 10 days)

4. Complete urine test (valid for 10 days)

5. HIV test (valid for 6 months); if the test result is positive, a certificate from the AIDS center must be provided.

6. Chest X-ray (validity period: 3 months)

7. ECG (validity period: 10 days)

8. Echocardiogram (validity period: 3 months) (heart defects, previous myocardial infarction, previous cardiac surgery, age over 60 years).

9. Color Doppler ultrasound of the lower limb veins (validity period: 1 month)

10. Conclusion from a therapist, cardiologist (if necessary), endocrinologist (if necessary)

11. Additional tests (if necessary)

12. FGDS (when planning chemoradiotherapy)

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If radiotherapy is planned in the pelvic area (diagnoses C61, C67), a low-residue diet is recommended 2 days before the CT-marking! Drink enough fluids – up to 2.5 liters per day (if there are no contraindications).
It is not recommended to consume: fruits and berries with pits, red meat, vegetables, cereals, salad, mushrooms, whole-grain bread, sweets.

1. If you do not have symptoms of intestinal obstruction or prolonged constipation, you can use any preparation for colon cleansing, following the instructions.

2. If you have had constipation (delayed bowel movement) for more than 2 days, you need to prepare the colon using cleansing enemas according to the following scheme:

- 2 days before CT-marking - a cleansing enema in the evening;
- the day before the CT-marking - enemas at 18:00 and 21:00.
- on the day of the CT-marking - start at 6:00.

The volume of the enema is 2-3 litres of water at room temperature.

3. Espumisan capsules: 2 capsules 2-3 times a day throughout the entire course of treatment and 24 hours before the examination. Take 5 capsules 2-3 hours before the examination.

Dear patients!

Please bring the originals of all documents with you upon arrival!

RULES

Dear patients!

Please review the list of personal items you will need upon admission to SRCOD:

1. A pair of spare shoes (slippers);
2. A change of clothes and underwear (it is advisable to have a cotton robe when entering the department);
3. Personal hygiene items;
4. A glass or cup, a plate, a spoon, a fork.
5. The width of the individual wardrobe in the patient's dressing room is 180 ×600 ×500 mm, so large carry-on luggage (suitcase) is not accepted for storage at SRCOD and must be handed over to relatives or an accompanying person.
6. Upon admission to the hospital, outer clothing and outdoor footwear must be deposited in the patient wardrobe for storage.
7. To comply with sanitary and hygienic standards and ensure comfortable conditions in the radiotherapy department, the consumption of perishable food products is prohibited.

Read and confirmed: _____ SRCOD Administration